

February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>Jan. 30</i>	<i>Jan 31</i> <i>In & Out Bootcamp With Abbi 5:40-6:40</i>	<i>1</i> <i>Country Heat with Tarym 6:45-7:30</i>	<i>2</i>	<i>3</i>
<i>4</i> <i>Cycling with Jean 1:30-2:30 PM</i>	<i>5</i>	<i>6</i> <i>Water Aerobics with Jenny B 5:30-6:15PM</i>	<i>7</i> <i>Beginner Weight Training with Nathan 5:30-6:00 PM</i>	<i>8</i> <i>Aqua Tread with Abbi 5:30-6:15 PM</i>	<i>9</i>	<i>10</i> <i>Cardio/Strength/Core with Penny 8:30-9:15AM</i>