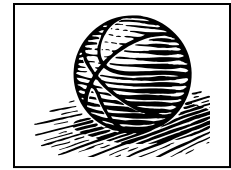




**Estherville Regional Wellness Center
Girls 5th through 8th Grade
2018 Youth Basketball Tournament**



Saturday, December 1, 2018

- Site:** Regional Wellness Center – Located across from Iowa Lakes Community College – 415 South 18th St, Estherville, IA 51334 www.rwcinfo.com
- Entry:** Fee: \$75.00
- Entries:** We would like a minimum of 8 teams in each grade level. If you are entering a mixed graded team, you must enter in the highest grade of your team members. We will be using 4 courts and will run our tournaments in a very efficient manner for teams and fans.
- Format:** All teams will likely play 3 games, unless the brackets are not full. The first game is tentatively set for 8:30am. Tournament schedules will be sent out on the Thursday prior to the tournament.
- Rules:** Iowa High School Rules, except for the following
- 1) Game consists of two – 14 minute halves with continuous clock. The clock will stop on dead balls the last minute of each half, on shooting fouls and for time outs.
 - 2) Half time is 3 minutes.
 - 3) One minute overtime. Second overtime will be sudden death.
 - 4) One time out per half. No carryover of time outs.
 - 5) No 3 point field goals.
 - 6) No pressing at any age level.
 - 7) You must play man to man defense.
- Roster:** No more than 15 players on your roster. Participating players, one scorekeeper and two coaches will be admitted for free. Teams should have similar light and dark shirts that are numbered.
- Locker-room:** The RWC will provide a locker room for participants to change in. Due to the use of the facility from our members, we ask that you take your belongings with you out of the locker room when you are done changing.
- Admission:** \$3 Adults \$2 Students
This is admission to the tournament only, not to use the facility.
- Contact:** Bob Grems at 712-362-8484 or email robert.grems@elc-csd.org for more information.

Coaches are responsible for the behavior of their players, both on and off the court throughout the RWC facility. Coaches, players and spectators are expected to demonstrate good sportsmanship and character throughout the day. If necessary, tournament officials reserve the right to ask people to leave the facility without a refund! Tournament sponsors, organizers and other persons assume no responsibility for injuries or damages due to any circumstances during this event to include the Estherville Lincoln Central School District and the RWC. Also, since we are member supported facility only designated areas will be available to teams. Please observe posted signage. Teams may swim in our pool afterwards for a fee of \$2.00 per player.

***** Please photocopy this information and pass it on to other coaches in your community.**

*** REGISTER EARLY TO GUARENTEE YOUR SPOT.**

**Regional Wellness Center
Girls 5th through 8th Grade
Saturday, December 1, 2018
2018 Youth Basketball Tournament
Entry Form**

Team Name: _____

Head Coach: _____ Home Phone: _____

Work Phone: _____ Cell Phone: _____

Email : _____ Fax: _____

Email: _____

Grade Level _____

Roster	Name
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	

Entry Fee: \$75.00

Please send entry form and fee to: Regional Wellness Center
c/o Bob Grems
415 S. 18th St
Estherville, IA 51334