

# ***Estherville Wellness Expo @ YOUR RWC***

**Tuesday, October 24 (3 pm to 6 pm)**

## **Registration Information**

Wellness Expo Educator:

You are cordially invited to participate in the Estherville Wellness Expo to be held at **YOUR** Regional Wellness Center on Tuesday, October 24 from 3 pm to 6 pm. YOUR RWC , the Emmet County Wellness Coalition, and Avera Holy Family Hospital is providing a wellness educational experience for the attendees along with vendors that will be offering health related items for sale. We do encourage displayers to have give-a-ways and drawings at their booth. We are presently working to secure a “main” attraction feature for the Expo also.

Non-profit vendors will be provided a free booth with a table and chair(s). For-profit vendors may reserve a booth for a nominal fee of \$10. Booths are available on a first registered bases. Booth can be set up anytime between 11 am and 2 pm on October 24 and must be taken down immediately following the event to open up the space for RWC members.

The theme of the Wellness Expo is “Optimal Health for Everyone”. Some ideas for your booth/display may be:

- ◆ Interactive, hands-on or learning activities
- ◆ Handouts and give-a-ways (Drawings for items/services are encouraged)
- ◆ Health information for all

We are excited to again host this event and look forward to your participation . If you have any questions, please contact me at 712-362-8484 or

email me at [robert.grems@elc-csd.org](mailto:robert.grems@elc-csd.org) .

Cordially,

*Bob*

Robert L. Grems, RWC Director

***“Optimal Health for Everyone”***